

BEACH
BOX CAFE

Beach Box Cafes Menu

Breakfast Baps - served until 11:30

Made with Barnecutt's Tiger Rolls

Bacon Bap	5.50
Sausage Bap	5.50
Vegan Sausage Bap (VG)	5.50
Egg Bap (V)	4.95
Mega Bap (Bacon & Sausage)	7.50
Add Hashbrown	1.00
Add Egg	1.00
Add Portobello Mushroom (Available at Harlyn location)	1.00

Breakfast Classics - served until 11:30

Gluten free baps are available

Cheese & Bacon Turnover	4.95
Loaded Maple & Bacon Waffles	7.95
Banana Bread (Greek Yoghurt, Honey & Granola) (V)	6.50
Shakshuka & Roll (V)	5.95
Overnight Oats (V)	4.95
Croissant	1.65
Pain aux Choc	1.95



Breakfast Boxes - Served until 11:30

Available at Harlyn & Camel Trail locations

Mega Breakfast
(2 sausages, 2 bacon, 2 eggs, portobello mushroom, 2 hash browns, grilled tomato, beans & toast) 12.95

Mini Breakfast
(sausage, bacon, egg, portobello mushroom, hash brown, grilled tomato, beans & toast) 9.95

Veggie Breakfast (V)
(2 vegan sausage, 2 eggs, portobello mushroom, halloumi, 2 hash browns, grilled tomato, beans & toast) 12.95

Mini Veggie Breakfast (V)
(vegan sausage, egg, portobello mushroom, halloumi, hash brown, grilled tomato, beans & toast) 9.95



Beach Box Cafes Menu



Winter Salad (V, GF)

Goats cheese, maple roasted butternut & beetroot, mixed leaves, candied pecans, cucumber, red onion and pomegranate, and topped with balsamic and maple dressing 9.95

Toasties

Made with Da Bara Bakery Sour Dough

Special Chicken Dipper Toastie
Chicken, homemade pork stuffing, cranberry sauce and emmental cheese 8.50
Served with dipping gravy

Mature cheddar (V) 6.00

Mature cheddar & Ham 6.50

Add Homemade Tomato Chutney 1.00

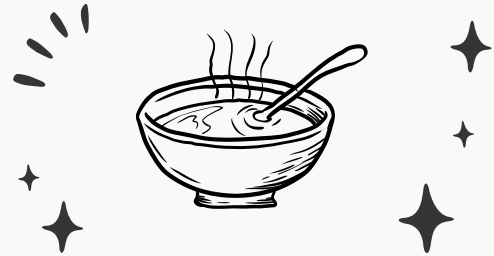
Pasties

Steak Pasty 5.95

Cheese & Onion Pasty (V) 5.95

Gluten Free Pasty
Steak OR Cheese & Onion (V) 6.95

St Agnes Bakery Pork, Apple & Cider Sausage Roll 5.45



Homemade Coconut Lentil Dahl (VG)

Served with flat bread 8.50

Homemade Soup of the Day

*Served with a Barneclutt's Tiger Roll
All Soups are GF - GF Rolls available*

Roasted Tomato & Red Pepper Soup (VG) 5.95

Leek and Potato Soup (V) 5.95

Maple Bacon and Sweet Potato Soup 5.95

Broccoli and Blue Cheese Soup (V) 5.95

Honied Parsnip Soup (V) 5.95

Cheese Toastie with Hot Homemade Soup 8.50

Tom's Pies

Award Winning Pies

Chicken, Ham Hock, & Leek 7.95

Steak & Ale 7.95

Spiced Cauliflower, Spinach and Lentil Pie (VG) 7.95





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Ciabattas

Made with Da Bara Bakery ciabatta

Tuna Melt with Spring Onion & Mozzarella	7.50
Chicken Fajita with Peppers and Onions	7.50
BBQ Jack Fruit and Vegan Mozzarella (VG)	7.50
Pulled Pork with Jalapenos & Mozzarella	7.50

Kids

Cheesy Tomato Pasta (V)	4.50
Fish Finger, Chips, & Beans <i>Available at Harlyn</i>	6.50
Sausage, Chips, & Beans <i>Available at Harlyn</i>	6.50

Fish Finger Roll

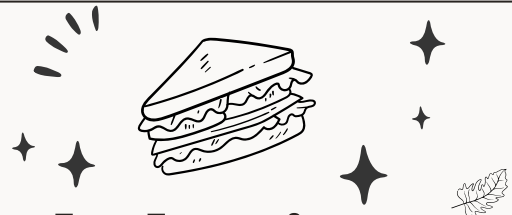
Made with Barneclutt's XL Roll

Jumbo Cod Fishfinger Roll With homemade tartare sauce & lettuce in an extra large bap	9.95
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Fries

Available at Polzeath & Harlyn locations

Fries (VG)	4.95
Cheesy Fries (V)	5.95
Truffle Oil & Parmesan Fries (V)	6.45



Loaded Fries

Available at Harlyn & Camel Trail locations

Beef Chilli Fries Topped with beef chilli, cheese, jalapeños, & sour cream	10.95
Pork Fries Topped with pulled pork, cheese, jalapeños, & sour cream	10.95
Veggie Chilli Fries (VG) Topped with veggie chilli, vegan cheese & jalapeños	10.95
Cheese & Coleslaw Fries (V) Topped with cheese, homemade coleslaw and jalapeños	7.50

Jacket Potatoes

Available at Harlyn location



Cheese	6.00
Chilli Con Carne	8.00
Vegan Cheese	6.50
Pulled Pork	8.00
BBQ Jackfruit (VG)	8.00
Vegan Chilli	8.00
Beans	6.00
Add Cheese	1.00
Add Coleslaw (V)	1.50



Beach Box Cafes Menu

Pizza

Available at Harlyn location

Served on a traditional Italian base with a range of toppings



Margherita (V)

Tomato base topped with grated mozzarella, buffalo mozzarella and basil oil 11.95

Loaded Pepperoni

Tomato base, simply topped with lashings of pepperoni and mozzarella 12.95

Hawaiian

Tomato base, honey roasted ham, pineapple and mozzarella 13.95

Greek Pizza (V or VG)

Tomato base, olives, sun dried tomatoes, red onion, feta cheese, mozzarella, & rocket 13.95

Porker Pizza

Tomato base, BBQ pulled pork, honey roasted ham, pepperoni, pepper pearls, & mozzarella 13.95

BBQ Jackfruit (VG or V)

Homemade BBQ jackfruit on a tomato base with jalapeños, and vegan or regular mozzarella 12.95

Truffle Mushroom Pizza (V)

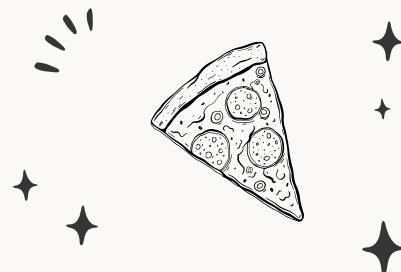
Tomato base, garlic field mushrooms, truffle oil, mozzarella, & rocket 12.95

Garlic Pizza Bread (VG)

8.95

Cheesy Garlic Bread (V)

9.95



Burger

Available at Harlyn location

Locally sourced 6oz Phillip Warren Steak Burger in a Pretzel Bun with Lettuce, Tomato, Red Onion & Burger Sauce

Beef Burger 11.95

Cheese Burger 12.50

Bacon Cheese Burger 12.95

Big Kahuna Burger
Cheese, bacon & pineapple 13.45

Sloppy Joe Burger
Chilli & Cheese 13.95

Porker Burger
Pulled Pork & Cheese 13.95

Homemade Spicy Vegan Burger (VG) 12.50
Add BBQ Jackfruit for £2.00



Can be made vegan and gluten free



Beach Box Cafes Menu

Cakes

Peanut Butter Brownie (VG & GF)	3.95
Ramblejack (VG & GF)	3.95
Lemon Cake (VG)	3.95
Coffee & Walnut Cake (VG)	3.95
Cornish Caramel Crunch	3.95
Beetroot, Coconut, & Raspberry Cake	3.95
Biscoff Rocky Road	3.95
Gizzillionaire (VG & GF)	3.95
Classic Flapjack (VG)	3.95
Apricot Flapjack (VG)	3.95
Brownie (GF)	3.95
Da Bara Bakery Cinnamon Buns	4.25
Biscoff Cookie	3.95
Choc Chip Cookie	3.95



Waffles (V)

Double Chocolate	7.45
White Choc Fudge	7.45
Eton Mess	7.45
Banoffee	7.45
Biscoff	7.45

Snacks

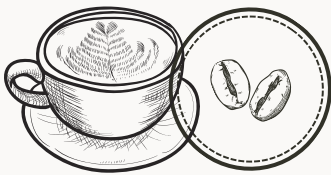
Burts Crisps (Sea Salt, Salt & Vinegar, Cheese & Onion)	1.50
Chocolate Bar (Malteser, Kitkat, Twix, Buttermilk)	1.50
Filburts Nuts	2.00
Filburts Olives	2.00



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Coffee

	Hot	/ Ice
Espresso	2.75	-
Americano	3.25	4.50
Flat White	3.45	-
Latte	3.95	4.50
Cappucino	3.95	-
Mocha	3.95	4.50
Macchiato	3.25	-
Cortado	3.25	-
Bebeccino	2.75	-
Affogato	5.25	-
Iced Frappe	-	4.50



Oat, Coconut & Soya Milks available at no extra cost!

Tea

English Breakfast	2.75
Decaf	2.75
Earl Grey	2.75
Green Tea	2.75
Peppermint	2.75
Chamomile	2.75
Superfruit	2.75
Lemon & Ginger	2.75



Non Coffee

	Hot	/ Ice
Hot Chocolate	3.75	-
Deluxe Hot Chocolate	4.75	-
Kids Hot Chocolate	2.75	-
Kids Deluxe Hot Chocolate	3.75	-
Matcha	3.95	4.50
Chai	3.95	4.50

Syrups

Caramel	50p
Salted Caramel	50p
Vanilla	50p
Hazelnut	50p
Sugar Free Caramel	50p

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Soft Drinks

Diet Coke/Coke/Coke Zero	2.50
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San Pelligrino Orange	2.50
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Apple & Mango Carton	1.50
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Apple & Summer Berries Carton	1.50
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Water - Still OR Sparkling	1.95
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Apple OR Orange Juice	2.50
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Rio	2.50
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Cornish Orchards (Elderflower, Sicilian Lemon, Sparkling Apple)	2.50
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Gelato

*Homemade in our
St Minver Kitchen*

Single Scoop	3.95
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Double Scoop	5.95
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Flake OR Fudge Stick	50p
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Marshfield's Ice Lolly (Blackcurrant / Orange)	1.95
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Slickers Doggy Ice Cream	4.25
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Milkshakes

Made with any Gelato Flavour	5.50
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Add Cream & Sauce	45p
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Smoothies

Super Green

Spinach, Avocado, Apple, Lime, Basil & Spirulina	5.50
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Passion Storm

Aloe Vera, Passionfruit, Guava, Peach, Pineapple & Papaya	5.50
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Strawberry Delight

Peach, Papaya & Strawberries	5.50
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Raspberry Heaven

Raspberry, Blueberry, Apple & Mango	5.50
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Paddle Power

Acai, Blueberry, Mango, Strawberry, Crunchy Peanut Butter & Coconut Milk	5.50
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Recovery

Red Beets, Blueberry, Pineapple, Ginger & Apple Juice	5.50
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Smoothie Bowls

The same base as our smoothies blended with 1/2 a banana with a layer of granola and topped with seasonal fresh & dried fruits

	7.95
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Beach Box Cafes Menu

Cocktails & Mixed Drinks

Available at Harlyn location

All cocktails are also available as Mocktails

Sunset at Harlyn

A fruity mix of vodka and
Peach Schnapps, with orange
and cranberry 10.00

Margarita

A citrusy blend of tequila,
triple-sec, limes, lemons, and
orange juice 10.00

Mojito

A crisp combination of rum,
Persian limes, and mint 10.00

Espresso Martini

A stimulating cocktail of a
fresh brewed espresso, Kahula,
and vodka 10.00

Aperol Spritz

Aperol (11%) 9.00

Pimms & Lemonade

Pimms (25%) 8.00

Gin & Mixer

Tarquin's Cornish Dry Gin
(42%) or Tarquin's Strawberry
& Lime (38%) 8.00

Vodka & Mixer

Vodka (37.5%) 8.00

Rum & Mixer

Dead Man's Fingers Spiced
Rum (40%) 8.00

Whisky & Mix

Whisky (40%) 8.00



Helles Lager (4.4%)

1/2 pint 4.00
pint 7.00

Summer Leaze Pale Ale (4%)

1/2 pint 4.00
pint 7.00

Bluntrock Brewery No Low
Can You Go 0.5% Available at
Polzeath location

1/2 pint 4.00
pint 7.00

Shandy

7.00

Rattler (Apple 5.5%), Berry
(4%), Or Pear (4%))

6.45

Wine (Red (13.5%), Cava (11%),
White (11.5%) Or Rose (12.5%))

8.00

