



# Beach Box Cafes Menu

## Breakfast Baps - served until 11:30

*Made with Barnecutt's Tiger Rolls*

|                                                   |      |
|---------------------------------------------------|------|
| Beach Box Bap (bacon, sausage, hash brown, & egg) | 9.50 |
| Bacon Bap                                         | 5.95 |
| Sausage Bap                                       | 5.95 |
| Vegan Sausage Bap (VG)                            | 5.95 |
| Egg Bap (V)                                       | 5.45 |
| Bacon & Sausage                                   | 8.25 |
| Add Hashbrown                                     | 1.00 |
| Add Egg                                           | 1.00 |

Non-gluten ingredient based baps are available

## Breakfast Classics - served until 11:30

|                                                                              |      |
|------------------------------------------------------------------------------|------|
| Loaded Maple & Bacon Waffles                                                 | 8.50 |
| Banana and Chocolate Bread (Greek Yoghurt, Honey, Granola & Fresh Fruit) (V) | 6.95 |
| Shakshuka & Ciabatta (V)                                                     | 6.95 |
| Overnight Oats (V)                                                           | 5.45 |
| Croissant                                                                    | 2.50 |
| Pain aux Choc                                                                | 2.50 |



## Sandwiches

*Freshly baked bread Barnecutts*

|                                                                               |      |
|-------------------------------------------------------------------------------|------|
| Prawns and Sweet Chilli Mayo                                                  | 7.25 |
| Chicken and Bacon Club (Emmental, lettuce, tomato, red onion, and mayonnaise) | 7.25 |
| Egg & Cress (St Ewe egg, mayonnaise, and cress) (V)                           | 6.45 |

## Toasties

*Made with Da Bara Bakery Sour Dough*

|                             |      |
|-----------------------------|------|
| Mature cheddar (V)          | 6.45 |
| Mature cheddar and ham      | 6.45 |
| Add Homemade Tomato Chutney | 1.00 |



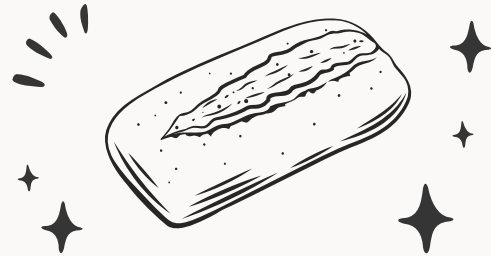


# Beach Box Cafes Menu

## Wraps

|                                                           |      |
|-----------------------------------------------------------|------|
| Falafel, Humous, Carrot, Spinach,<br>& Beetroot (VG) (DF) | 6.45 |
|-----------------------------------------------------------|------|

|                                                                              |      |
|------------------------------------------------------------------------------|------|
| Chicken Tikka with Mint Yogurt,<br>Mango chutney and Romaine<br>Lettuce (DF) | 6.95 |
|------------------------------------------------------------------------------|------|



## Homemade Coconut Lentil Dahl (VG)

|                                |      |
|--------------------------------|------|
| Served with Lebanese flatbread | 9.95 |
|--------------------------------|------|

## Homemade Salads

|                                                                                                                                                                      |       |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|
| Mexican Chicken Salad with Ranch<br>Dressing (Fajita chicken, romaine<br>lettuce, sweetcorn, black beans,<br>cherry tomatoes, red onion,<br>avocado, & radish) (NGI) | 12.95 |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|

## Ciabattas

*Made with Da Bara Bakery ciabatta*



|                                             |      |
|---------------------------------------------|------|
| Tuna Melt with Spring Onion &<br>Mozzarella | 8.50 |
|---------------------------------------------|------|

|                           |      |
|---------------------------|------|
| Brie, Bacon, & Chilli Jam | 8.50 |
|---------------------------|------|

|                                              |      |
|----------------------------------------------|------|
| Halloumi, Sun Blushed Tomato, &<br>Pesto (V) | 8.50 |
|----------------------------------------------|------|

|                                                                                                                                          |       |
|------------------------------------------------------------------------------------------------------------------------------------------|-------|
| Goats Cheese, Honied Pears,<br>Walnuts & Beetroot Salad with<br>Maple Balsamic Dressing (romaine<br>lettuce, grapes, & radish) (V) (NGI) | 11.95 |
|------------------------------------------------------------------------------------------------------------------------------------------|-------|



# Beach Box Cafes Menu

## Pasties

|                                                                  |      |
|------------------------------------------------------------------|------|
| Steak Pasty                                                      | 6.45 |
| Cheese & Onion Pasty (V)                                         | 6.45 |
| Non-gluten ingredient based Pasty<br>Steak OR Cheese & Onion (V) | 7.45 |
| St Agnes Bakery Pork, Apple & Cider<br>Sausage Roll              | 5.95 |
| Vegan sausage roll (VG)                                          | 5.95 |

## Kids

|                                   |      |
|-----------------------------------|------|
| Fish Finger, Chips, & Beans (NGI) | 6.95 |
| Sausage, Chips, & Beans (NGI)     | 6.95 |



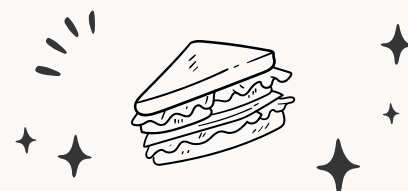
## Fish Finger Roll

*Made with Barnecutt's XL Roll*

|                                                                                             |       |
|---------------------------------------------------------------------------------------------|-------|
| Jumbo Cod Fishfinger Roll<br>With homemade tartare sauce &<br>lettuce in an extra large bap | 10.95 |
|---------------------------------------------------------------------------------------------|-------|

## Fries

|                                  |      |
|----------------------------------|------|
| Fries (VG)                       | 5.45 |
| Cheesy Fries (V)                 | 6.45 |
| Truffle Oil & Parmesan Fries (V) | 6.95 |



## Loaded Fries

*Available at Harlyn & Camel Trail locations*

|                                                                                                         |       |
|---------------------------------------------------------------------------------------------------------|-------|
| Beef Chilli Fries<br>Topped with beef chilli, cheese,<br>jalapeños, pickled red onion, & sour<br>cream  | 11.95 |
| Bean Chilli Fries (VG)<br>Topped with veggie chilli, pickled<br>red onion, vegan cheese, &<br>jalapeños | 11.95 |
| Pork Fries<br>Topped with pulled pork, cheese,<br>jalapeños, pickled red onion, & sour<br>cream         | 11.95 |
| Cheese and Coleslaw (V)<br>Topped with cheese, homemade<br>coleslaw and jalapeños                       | 8.45  |

## Jacket Potatoes

*Available at Harlyn and Mawgan  
Porth locations*

|                             |      |
|-----------------------------|------|
| Plain Jacket Potato         | 5.50 |
| Chilli Con Carne (NGI) (DF) | 7.00 |
| Vegan Chilli (NGI)          | 6.95 |
| Tuna Mayonnaise (NGI)       | 6.95 |
| Homemade Coleslaw (V)       | 6.50 |
| Cheese (V) (NGI)            | 6.50 |
| Baked beans (VG) (NGI)      | 6.50 |
| Add Cheese                  | 1.00 |



# Beach Box Cafes Menu

## Pizza

*Available at Harlyn and Camel Trail locations*

Served on a traditional Italian base with a range of toppings

**Margherita (V)**  
Tomato base topped with grated mozzarella, and basil oil 11.95

**Pepperoni**  
Tomato base, simply topped with lashings of pepperoni and mozzarella 13.95

**Hawaiian**  
Tomato base, julienne ham, pineapple and mozzarella 13.95

**Greek Pizza (V or VG)**  
Tomato base, olives, sun dried tomatoes, red onion, feta cheese, mozzarella, & rocket 14.95

**Chicken Tikka**  
Tomato base, chicken tikka, red onion, pepper pearls, with mango chutney and mint yogurt drizzle 14.95

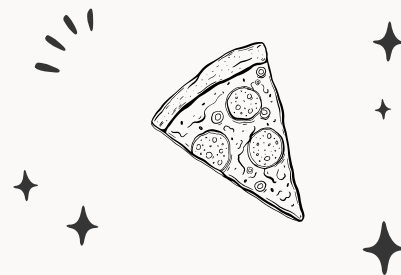
**Meat Feast**  
Tomato base, BBQ pulled pork, pepperoni, julienne ham, pepper pearls, & mozzarella 14.95

**Garlic Mushroom Pizza (V)**  
Tomato base, garlic field mushrooms, balsamic drizzle, mozzarella, & rocket 13.95

**Garlic Pizza Bread (VG)** 8.45

**Cheesy Garlic Bread (V)** 9.95

Can be made vegan and with non-gluten ingredients



## Burger

*Available at Harlyn location*

Locally sourced 6oz Phillip Warren Steak Burger in a Pretzel Bun with baby gem lettuce, beef steak tomatoes, red onion, & gherkins

**Cheese Burger** 13.45

**Big Kahuna Burger**  
Cheese, bacon & pineapple 14.45

**Italian Burger**  
Emmental cheese, nduja salami, smoky tomato, salsa, oregano, crispy onions 14.95

**Pulled Pork Burger**  
Emmental cheese, pulled pork, & pickled cucumber 14.95

**Pumpkin and Spinach Burger (VG)** 12.95





# Beach Box Cafes Menu

## Cream Tea Box

1 scone, pot of strawberry jam,  
Cornish Clotted Cream, & a cup  
of Breakfast Tea 6.25



## Cakes

|                                         |      |
|-----------------------------------------|------|
| Brownie (NGI)                           | 4.50 |
| Blackcurrent Bakewell<br>Blondie        | 4.50 |
| White Choc & Raspberry<br>Blondie       | 4.50 |
| Classic Flapjack (VG)                   | 4.50 |
| Ramblejack (VG & NGI)                   | 4.50 |
| Almond & Apricot Flapjack<br>(VG & NGI) | 4.50 |
| Cornish Caramel Crunch                  | 4.50 |
| Biscoff Rocky Road                      | 4.50 |
| Gizzillionaire (VG & NGI)               | 4.50 |
| Biscoff Cookie                          | 4.50 |
| Choc Chip Cookie                        | 4.50 |
| Red Velvet Muffin                       | 4.50 |
| Walnut & Coffee Muffin<br>(VG)          | 4.50 |
| Blueberry Crumble Muffin                | 4.50 |
| Da Bara Bakery Cinnamon<br>Buns         | 4.75 |

## Waffles (V)

|                  |      |
|------------------|------|
| Double Chocolate | 8.95 |
| White Choc Fudge | 8.95 |
| Eton Mess        | 8.95 |
| Banoffee         | 8.95 |
| Biscoff          | 8.95 |

## Snacks

|                                                               |      |
|---------------------------------------------------------------|------|
| Burts Crisps (Sea Salt, Salt<br>& Vinegar, Cheese &<br>Onion) | 1.75 |
| Pip Organic Pineapple &<br>Mango Pipstick                     | 1.75 |
| Pomme Bears KP Snacks                                         | 1.25 |
| Chocolate Bar (Malteser,<br>Kitkat, Twix, Buttermilk)         | 1.75 |
| Buttermilk Snack Bar<br>Peanut Nougat                         | 1.95 |
| Filberts Dry Roasted<br>Peanuts                               | 1.75 |
| Filburts Olives with lemon<br>and oregano                     | 2.50 |



# Beach Box Cafes Menu



## Coffee

Hot / Ice

|                       |      |      |
|-----------------------|------|------|
| Espresso              | 2.95 | -    |
| Americano             | 3.50 | 4.95 |
| Flat White            | 3.95 | -    |
| Latte                 | 4.25 | 4.95 |
| Cappucino             | 4.25 | -    |
| Mocha                 | 4.25 | 4.95 |
| Macchiato             | 3.50 | -    |
| Cortado               | 3.50 | -    |
| Bebeccino             | 2.95 | -    |
| Affogato              | 5.65 | -    |
| Iced Frappe           | -    | 4.95 |
| Iced Frappe<br>Deluxe |      | 5.45 |

*Oat, Coconut &  
Soya Milks  
available at no  
extra cost!*

## Syrups

|                             |     |
|-----------------------------|-----|
| Caramel                     | 50p |
| Salted Caramel              | 50p |
| Vanilla                     | 50p |
| Hazelnut                    | 50p |
| Sugar Free Caramel<br>Syrup | 50p |



## Non Coffee

Hot / Ice

|                              |      |      |
|------------------------------|------|------|
| Hot Chocolate                | 4.25 | -    |
| Deluxe Hot Chocolate         | 5.25 | -    |
| Kids Hot Chocolate           | 2.95 | -    |
| Kids Deluxe Hot<br>Chocolate | 3.95 | -    |
| Matcha                       | 4.25 | 4.95 |
| Chai                         | 4.25 | 4.95 |





# Beach Box Cafes Menu



## Soft Drinks

|                                                                       |      |
|-----------------------------------------------------------------------|------|
| Diet Coke/Coke/Coke Zero                                              | 2.75 |
| Tenzing Natural Energy -<br>Pineapple and Passionfruit                | 2.95 |
| Pip Organic Fruit Juice -<br>Mango, Orange, & Apple                   | 1.95 |
| Pip Organic Blackcurrant,<br>Raspberry, & Apple                       | 1.95 |
| Cold Press Golden Apple Juice                                         | 2.95 |
| Cold Press Valencia Orange<br>Juice                                   | 2.95 |
| Cold Press Ginger Shot                                                | 2.95 |
| Cornish Sparkling Orange<br>Jolly's                                   | 2.75 |
| Rio                                                                   | 2.75 |
| Cornish Orchards<br>(Elderflower, Sicilian Lemon,<br>Sparkling Apple) | 2.75 |
| Water - still OR sparkling                                            | 2.15 |



## Tea

|                           |      |
|---------------------------|------|
| English Breakfast         | 2.95 |
| Decaf                     | 2.95 |
| Earl Grey                 | 2.95 |
| Green Tea                 | 2.95 |
| Peppermint                | 2.95 |
| Lemon and Ginger          | 2.95 |
| Chamomile                 | 2.95 |
| Berry                     | 2.95 |
| Raspberry Iced Tea        | 4.95 |
| Sugar Free Peach Iced Tea | 4.95 |







# Beach Box Cafes Menu



## Gelato

*Homemade in our  
St Minver Kitchen*

|              |      |
|--------------|------|
| Single Scoop | 4.50 |
|--------------|------|

|              |      |
|--------------|------|
| Double Scoop | 6.50 |
|--------------|------|

|                      |     |
|----------------------|-----|
| Flake OR Fudge Stick | 50p |
|----------------------|-----|

|                                                   |      |
|---------------------------------------------------|------|
| Marshfield's Ice Lolly<br>(Blackcurrant / Orange) | 2.50 |
|---------------------------------------------------|------|

|                          |      |
|--------------------------|------|
| Slickers Doggy Ice Cream | 4.50 |
|--------------------------|------|

## Milkshakes

|                                 |      |
|---------------------------------|------|
| Made with any Gelato<br>Flavour | 6.50 |
|---------------------------------|------|

|                   |     |
|-------------------|-----|
| Add Cream & Sauce | 50p |
|-------------------|-----|

## Smoothie Bowls

|                                                                                                                                            |      |
|--------------------------------------------------------------------------------------------------------------------------------------------|------|
| The same base as our smoothies<br>blended with 1/2 a banana with<br>a layer of granola and topped<br>with seasonal fresh & dried<br>fruits | 8.95 |
|--------------------------------------------------------------------------------------------------------------------------------------------|------|

|                                                       |      |
|-------------------------------------------------------|------|
| Paddle Power with a scoop of<br>Crunchy Peanut Butter | 9.95 |
|-------------------------------------------------------|------|

|                                       |      |
|---------------------------------------|------|
| Add Bulk Mixed Berry Collagen<br>(VG) | 2.50 |
|---------------------------------------|------|



## Smoothies

|                                                              |      |
|--------------------------------------------------------------|------|
| Passion Storm                                                |      |
| Aloe Vera, Passionfruit, Guava,<br>Peach, Pineapple & Papaya | 6.50 |

|                              |      |
|------------------------------|------|
| Strawberry Delight           |      |
| Peach, Papaya & Strawberries | 6.50 |

|                                        |      |
|----------------------------------------|------|
| Raspberry Heaven                       |      |
| Raspberry, Blueberry, Apple &<br>Mango | 6.50 |

|                                                          |      |
|----------------------------------------------------------|------|
| Recovery                                                 |      |
| Red Beets, Blueberry, Pineapple,<br>Ginger & Apple Juice | 6.50 |

|                                                                                |      |
|--------------------------------------------------------------------------------|------|
| Super Green -                                                                  |      |
| Spinach, Avocado, Apple, Lime,<br>Basil, Spirulina, and a scoop of<br>collagen | 6.50 |

|                                                                                |      |
|--------------------------------------------------------------------------------|------|
| Paddle Power with scoop of<br>Crunchy Peanut Butter                            |      |
| Acai, Blueberry, Mango,<br>Strawberry, Crunchy Peanut<br>Butter & Coconut Milk | 7.00 |

|                                       |      |
|---------------------------------------|------|
| Add Bulk Mixed Berry<br>Collagen (VG) | 2.50 |
|---------------------------------------|------|







# Beach Box Cafes Menu

## Cocktails & Mixed Drinks at Harlyn

*Available at Harlyn location*

*All cocktails are also available as Mocktails*

### Sunset at Harlyn

A fruity mix of vodka and  
Peach Schnapps, with orange  
and cranberry 10.00

### Margarita

A citrusy blend of tequila,  
triple-sec, limes, lemons, and  
orange juice 10.00

### Mojito

A crisp combination of rum,  
Persian limes, and mint 10.00

### Espresso Martini

A stimulating cocktail of a  
fresh brewed espresso, Kahula,  
and vodka 10.00

### Aperol Spritz

Aperol (11%) 9.00

### Pimms & Lemonade

Pimms (25%) 8.00

### Gin & Mixer

Tarquin's Cornish Dry Gin  
(42%) or Tarquin's Strawberry  
& Lime (38%) 8.00

### Vodka & Mixer

Vodka (37.5%) 8.00

### Rum & Mixer

Dead Man's Fingers Spiced  
Rum (40%) 8.00

### Whisky & Mixer

Whisky (40%) 8.00



Firebrand Cornish Helles 1/2 pint 4.25  
Beach Lager (4.4%) pint 7.50

Firebrand Summerlease Pale 1/2 pint 4.25  
Ale (4%) pint 7.50

Bluntrock Brewery No Low 1/2 pint 4.25  
Can You Go 0.5% Available at pint 7.50  
*Polzeath location*

Shandy 1/2 pint 4.35  
pint 7.00

Rattler (Apple 5.5%), Berry  
(4%), Or Pear (4%) 1/2 pint 4.25  
pint 7.50

Apple also available on  
draught

Wine (Red (13.5%), Cava (11%), 125 ml 7.00  
White (11.5%) Or Rose (12.5%) 75ml 9.00





# Beach Box Cafes Menu

## Alcoholic Drinks at Polzeath

*Available at Polzeath location*

|                                                  |                            |
|--------------------------------------------------|----------------------------|
| Vodka & Mixer                                    |                            |
| Vodka (37.5)                                     | 8.00                       |
| Rum & Mixer                                      |                            |
| Dead Man's Fingers Spiced Rum (40%)              | 8.00                       |
| Whisky & Mixer                                   |                            |
| Jamesons Irish Whiskey (40%)                     | 8.00                       |
| Firebrand Cornish Helles                         | 1/2 pint 4.25              |
| Beach Lager (4.4%)                               | pint 7.50                  |
| Firebrand Summerleaze Hazy                       | 1/2 pint 4.25              |
| Pale Ale (4%)                                    | pint 7.50                  |
| Rattler (Apple 5.5%), Berry (4%)                 | 6.95                       |
| Wine - Cava (11%), White (11.5%) Or Rose (12.5%) | 125 ml 7.00<br>75ml 9.00   |
| Shandy                                           | 1/1 pint 4.25<br>pint 7.00 |

