

Beach Box Cafes Menu

Breakfast Baps - served until 11:30

Made with Barnecutt's Tiger Rolls

Beach Box Bap (Bacon, sausage, hashbrown, & egg) (DF)	9.95
Bacon Bap	6.25
Sausage Bap	6.25
Bacon & Sausage Bap (DF)	8.75
Vegan Sausage Bap (VG)	6.25
Egg Bap (V)	5.75
Add hashbrown	+1.25
Add egg	+1.25

Non-gluten ingredient based baps are available

Breakfast Classics - served until 11:30

Banana Bread (Greek yoghurt, honey, granola & fresh fruit) (V)	7.95
American Pancakes with banana & maple syrup (V)	7.50
American Pancakes with homemade peach & raspberry coulis (V)	7.50
Overnight Oats (Served cold with a homemade fruit compote) (VG) (NGI)	5.75
Fresh Pastries - Croissant or Pain aux Choc	2.50



Toasties

Made with Da Bara Bakery Sour Dough

Cheddar Cheese (V)	6.95
Cheese & Homemade Chutney (V)	7.45
Ham & Cheese	7.95
Ham, Cheese, & Homemade Chutney	8.45
Reuben's Toastie (Pastrami, emmental, sauerkraut, pickles, russian sauce)	9.45
Reuben's Mushroom Toastie (Portobello mushrooms, vegan cheese, sauerkraut, pickles, russian sauce) (VG)	9.45
Beach Box Blue (Cornish blue cheese, fig & apple chutney, toasted walnuts) (V) (Contains nuts)	9.45

Sandwiches

Made with Barnecutt's bread

Egg Mayonnaise on white (V) (DF)	6.75
Prawn and Sweet Chilli Mayonnaise on malted brown (DF)	7.75
Chicken & Bacon Club with salad, cheese, & mayonnaise	7.95

Ciabattas

Brie, Bacon, & Cranberry Ciabatta	8.95
Tuna Melt with spring onions & cheddar cheese	8.95



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Specials

Veggie Beach Box Bap
Halloumi, portobello mushroom, egg, hashbrown (V) 9.95

Philip Warren Lamb Burger
With caramelised onion & feta 14.50

Crab Fries - Coming this summer
Lemon & caper mayonnaise, brown crab sauce, & chives

Dressed Crab Salad - Coming this summer

Wraps

Chicken Tikka Wrap
Homemade chicken tikka, mint yogurt, mango chutney, & salad leaf 7.25

Sunshine Wrap
Lemon & garlic humous, red pepper, cucumber, carrot, & rocket (VG) 6.95

Koffman's Loaded Fries

Available at Harlyn & Camel Trail locations

Topped with cheddar cheese, sour cream pickled red onion, jalapenos
Homemade Beef Chilli Fries (NGI) 12.95

Homemade BBQ Pulled Pork Fries (NGI) 12.95

Homemade Vegan Chilli Fries (V) (NGI) 12.95

Koffman's Fries

Fries (VG) 5.95

Cheesy Fries (V) 6.95

Truffle Oil & Parmesan Fries (V) 6.95

Cheese & Homemade Coleslaw (V) 8.95



Salads

Mature Cheddar & Ham
Ploughmans 10.95
With salad, pickles, chutney, apple slaw, & a tiger roll

Bang Bang Chicken Noodle
Chicken satay marinated thighs, noodles, red cabbage, radish, spring onions, cucumber, red peppers, satay peanut dressing (Contains nuts) 10.95

Beach Box Garden Salad
Sweet potatoe falafel, spinach, buckwheat salad, lemon & garlic humous, mixed olives, celery, carrot, beetroot, roasted red pepper (VG) (NGI) 10.95

Pasties & Sausage Rolls

Cornish Prima Bakery

Cornish Steak Pasty (13% beef) 6.75

Cornish Cheese & Onion Pasty (VG) 6.75

Award Winning St Agnes Bakery

Pork & Cider Sausage Roll (70% pork) (DF) 6.25

Tandoori Vegan Sausage Roll (VG) 6.25

Baked to Taste - Non-Gluten Pasties

Steak Pasty (16% beef) (NGI) 7.75

Cheese & Onion Pasty (VG) (NGI) 7.75



Beach Box Cafes Menu



Pizza

Available at Harlyn and Camel Trail locations
Served on a traditional Italian base with a range of toppings, NGI bases available

Margherita (V) Tomato base topped with grated mozzarella, & basil oil	12.75
Loaded Pepperoni Tomato base, simply topped with lashings of pepperoni & mozzarella	14.95
Chicken Tikka Drizzled with mint yogurt & mango chutney	14.95
Hawaiian Ham & Pineapple	14.95
Veggie Supreme Mushroom, sweetcorn, pepper pearls, & roasted red pepper (V)	13.95
Garlic Pizza Bread (VG)	8.95
Cheesy Garlic Bread (V)	9.95
<i>Why not add hot honey?</i>	+1.00

Hot Dogs

Served in a pretzel bun

Traditional Jumbo Pork Frankfurter Crispy Onions, mustard, & ketchup	9.95
Jumbo Vegan Hot Dog Crispy onions, mustard, & ketchup (VG)	9.95
<i>Go loaded and add beef or bean chilli with cheese</i>	+2.00

Little Nippers

Sausages, Chips, & Beans (NGI)	7.25
Fishfinger, Chips, & Beans (NGI)	7.25
Kids Lunch Box Ham or cheese sandwich, Pip drink, Pip Pineapple & Mango fruit stick, Pom Bears	7.25

Burger

Available at Harlyn and Polzeath location

Locally sourced 6oz Phillip Warren Steak Burger in a Pretzel Bun with baby gem lettuce, tomato, red onion, pickled gherkins, & burger sauce

Cheeseburger	13.50
Cheese & Bacon Burger	14.25
Pulled Pork Burger	14.95
Moving Mountain Burger with vegan mayonnaise (VG)	13.50

Jacket Potatoes

Available at Harlyn, Camel Trail and Mawgan Porth locations

Cheddar Cheese (V) (NGI)	6.75
Homemade Coleslaw (V) (NGI)	7.25
Baked Beans (V) (NGI)	7.25
Vegan Bean Chilli (V) (NGI)	7.45
Homemade Beef Chilli (NGI)	7.45
Pulled Pork (NGI)	7.45
Tuna Mayonnaise (NGI)	7.45
Chicken Tikka Mayonnaise	7.45
<i>Add cheese</i>	+1.00

Beach Box Favourites

Homemade Coconut Lentil Dahl Served with Lebanese flatbread (VG) (NGI baps available)	9.95
Jumbo Cod Fishfinger Roll With homemade tartare sauce & lettuce in an extra large Barnecutt's bap (DF)	11.75



Beach Box Cafes Menu

Cakes

Brownie (NGI)	4.75
Miso Walnut Blondie (V)	4.75
Ramblejack (VG & NGI)	4.75
Apricot & Pecan Flapjack (VG & NGI) (Contains nuts)	4.75
Beach Street Bakery's Biscoff Rocky Road	4.75
Gizzillionaire (VG & NGI)	4.75
Beach Street Bakery's NY Chocolate Chip Cookies	4.75
White Chocolate & Raspberry Frangipane (V) (Contains nuts)	4.75
Lemon & Pistachio Polenta Cake	4.75
Da Bara Bakery Cinnamon Buns	4.95
Cornish Cream Tea Box Baker Tom Scone with Cornish Clotted Cream & Jam with a Tea	6.95
<i>Or go for an Americano</i>	7.95

Snacks

Burts Crisps (Sea Salt, Salt & Vinegar, Cheese & Onion)	1.85
Pip Organic Pineapple & Mango Pipstick	1.85
Chocolate Bar (Malteser, Kitkat, Twix, Buttermilk)	1.95
Buttermilk Snack Bar Peanut Nougat	2.15
Filberts Dry Roasted Peanuts	1.95
Filburts Olives with lemon & oregano	2.45



Waffles and Sundaes

Available with a warm cinnamon sugar coated belgian waffle or as a sundae

Waffles 9.25, Sundaes 7.50

Banana Split Vanilla gelato, whipped cream, fresh banana, chopped nuts, toffee, chocolate sauce (Contains nuts) (V)	9.25 / 7.50
Peach Malba Peach Malba gelato, whipped cream, raspberry & peach coulis, dried raspberries (V)	9.25 / 7.50
Orea Cookies & Cream Oreo cookies & cream gelato, whipped cream, chocolate sauce, crumbled oreo (V)	9.25 / 7.50
Dubai Chocolate Pistachio gelato, whipped cream, chocolate chips, kadayif, chocolate sauce (Contains nuts) (V)	9.25 / 7.50
Rocky Road Chocolate gelato, whipped cream, meringue pieces, smarties, white chocolate sauce (v)	9.25 / 7.50
Biscoff Biscoff gelato, whipped cream, Biscoff crumb, Biscoff biscuit, Biscoff sauce	9.25 / 7.50



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Coffee

	Hot	/	Ice
Espresso	3.25		-
Americano	3.75		5.25
Latte	4.50		5.25
Mocha	4.50		5.25
Flat White	4.25		-
Cappucino	4.50		-
Macchiato	3.75		-
Cortado	3.75		-
Bebeccino	3.25		-
Affogato	5.95		-
Iced Frappe	-		5.25
<i>Add cream & sauce</i>			+70p
<i>Syrups; Vanilla, Caramel, Salted Caramel, Hazelnut, Sugar Free Caramel Syrup</i>			+50p

Oat, Coconut & Soya Milks available at no extra cost!

Matcha

	Hot	/	Ice
Matcha	4.50		5.25
Blueberry Matcha	5.00		5.75
Strawberry Matcha	5.00		5.75
Banana Matcha	5.00		5.75

Chai

	Hot	/	Ice
Chai Latte	4.50		5.25
<i>Go dirty, add a shot of espresso!</i>			+95p

Cornish Teas

English Breakfast, Decaf, Earl Grey, Green, Peppermint, Lemon & Ginger, Chamomile, Berry	3.25
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Hot Chocolate

Hot Chocolate	4.50
Deluxe Hot Chocolate Marshmallows, whipped cream, Cadbury's flake	5.50
Kids Hot Chocolate	3.25
Kids Deluxe Hot Chocolate Marshmallows, whipped cream, Cadbury's flake	4.25

Soft Drinks

Diet Coke/Coke/Coke Zero, Rio, Jolly's Sparkling Orange, Jolly's Ginger Beer	2.95
Pip Organic Fruit Juice - Mango, Orange & Apple OR Blackcurrant, Raspberry & Apple	2.25
Cold Press Golden Apple Juice OR Valencia Orange Juice	3.25
Cornish Orchards (Elderflower, Sicilian Lemon)	2.95
Water - Still OR Sparkling	2.35

Summer Sips

Raspberry Iced Tea	4.95
Sugar Free Peach Iced Tea	4.95
Blueberry Lemonade	5.25
Strawberry Lemonade	5.25



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Gelato

Homemade in our St Minver Kitchen

Single Scoop	4.75
Double Scoop	6.75
Flake OR Fudge Stick	+70p
Marshfield's Ice Lolly (Blackcurrant / Orange)	2.75



Smoothies and Smoothie Bowls

With your choice of apple juice or coconut milk

Smoothies 6.75 Smoothie bowl 9.25

Passion Storm Aloe Vera, Passionfruit, Guava, Peach, Pineapple, & Papaya	6.75
Strawberry Delight Peach, Papaya, & Strawberry	6.75
Raspberry Heaven Raspberry, Blueberry, Apple, & Mango	6.75
Recovery Red Beets, Blueberry, Pineapple, Ginger, & Apple Juice	6.75
Super Green - Spinach, Avocado, Apple, Lime, Basil, Spirulina	6.75
Paddle Power Acai, Blueberry, Mango, Strawberry, & Coconut Milk	7.25
<i>Add Bulk Mixed Berry Collagen (VG)</i>	<i>+2.50</i>

Milkshakes

Made with any gelato flavour	6.75
<i>Deluxe with whipped cream & sauce</i>	<i>+70p</i>

For the Pups

Slickers Doghouse Peanut Butter Ice Cream	4.50
Puppacino	2.00



Beach Box Cafes Menu

Cocktails

Available at Harlyn and Polzeath locations
All cocktails are also available as Mocktail

Pimms A British summer favourite	10.50
Aperol Spritz Bright, bubbly, refreshing	10.50
Espresso Martini Rich, smooth, & indulgent. Made with Connie Glaze Vodka	11.95
Cherry Bramble Sweet black cherry with a fresh citrus lift & a crisp finish	11.95
Spicy Margarita - made with award winning Olmeca Altos Tequila Zesty, refreshing, & gently spiced with Cornish Chilli Sea Salt	11.95
Lychee Cooler Light, fragrant, & refreshing, made with Connie Glaze Vodka	11.95



Spirits

Available at Harlyn and Polzeath locations

Tarquins Cornish Dry Gin (42%), Tarquin's Strawberry & Lime Gin (38%), Vodka (37.5%), Dead Man's Fingers Spiced Rum (40%), Whisky (40%)	
Mixers: Coke, Diet Coke, Lemonade, Soda Water, Regular and Slimline Tonic, Jolly's Ginger Beer	
Single	8.95
Double	11.95

On Tap

All Cornish Crafted
Available at Harlyn and Polzeath locations



Firebrand Cornish Helles Beach Lager (4.4%) Crisp, refreshing, brewed for the coast (GF & VG)	
Firebrand Summerleaze Pale Ale (4%) Light, hoppy, & perfectly balanced (GF & VG)	
Rattler Apple Cider Fresh, crisp, & unmistakably Cornish	
Shandy A refreshing seaside classic	
Half Pint	5.25
Pint	7.95
Rattler Cornish Cider Berry (4%) Fruity with a gentle sweetness	7.00
Rattler Cornish Cider Pear (4%) Light, smooth, & refreshing - Available at Harlyn	7.00
Rattler Cornish Cider Apple (4%) Fresh, crisp, unmistakably Cornish	7.00
Firebrand Shorebreak Hazy Ale (0.5%) Full flavour alcohol free refreshment	5.25

Wines

Available at Harlyn and Polzeath locations

Rose (12.5%), White (11%), Sparkling (11%)	
125ml	6.50
175ml	8.50